

# **Supportive vs Non-Supportive Breastfeeding Skit**

*This document has been prepared with funds provided by the Government of Ontario and the support of the Best Start Resource Centre at Health Nexus.*

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# **Mother (1)**

**Scenario 1**

# **Baby (2)**

**Scenario 1**

Instructions: Sit in a chair at the doctor's office.

Say: **"I am so frustrated since the baby wants to eat all of the time."**

**Scenario 1**

Instructions: Go sit on mother's lap or sit nearby in a chair and

**\*\*\* You need to cry, cry, cry, cry ....**

**Scenario 1**

# **Father (3)**

**Scenario 1**

# **Nurse (4)**

**Scenario 1**

Instructions: Sit beside the mother at the doctor's office.

Say: **"I don't think you have enough milk."**

**Scenario 1**

Instructions: Approach mother.

Say: **"I could hear this poor baby cry from my office down the hall. Let's just give the baby a soother to calm him since it will be OK for breastfeeding."**

# **Doctor (5)**

**Scenario 1**

# **Mother-In-Law (6)**

**Scenario 1**

Instructions: Approach mother.

Say: **“Let’s just give the baby some formula until your milk comes in. It won’t hurt...” “I will give you a few samples from my shelf so that you can take it home with you.”**

Instructions: Approach mother.

Say: **“I found this great magazine in the waiting room and it says that formula is just as good as breastfeeding. I don’t think that you will be able to breastfeed, so formula is just as good.”**

# **Mother (1)**

**Scenario 2**

# **Baby (2)**

**Scenario 2**

Instructions: Sit in a chair at the doctor's office.

Say: **"I am so frustrated since the baby wants to eat all of the time."**

**Scenario 2**

Instructions: Go sit on mother's lap or sit in a chair near the mother

and

**\*\*\* You need to cry, cry, cry, cry .....**

# **Father (3)**

**Scenario 2**

# **Nurse (4)**

**Scenario 2**

Instructions: Sit beside the mother.

Say: **“Can I get you anything out of the diaper bag? Are you comfortable breastfeeding in the chair? I can see that our baby is feeding normally, at least 8 times in 24 hours just like they explained to us in our pre-natal class. Once you are done feeding, I can hold him on my chest so that we can do skin-to-skin and you can talk with the doctor.”**

Scenario 2

Instructions: Approach mother and observe the mother and baby.

Say: **“Let me observe you breastfeed the baby. Yes, I can see that the baby has a good latch and is positioned well. Continue to follow your baby’s cues and nurse him when he wants to nurse. Most babies feed at least 8 times in 24 hours.”**

Scenario 2

# **Doctor (5)**

**Scenario 2**

# **Mother-In-Law (6)**

**Scenario 2**

Instructions: Approach the mother.

Say: **“Newborn babies feed at least 8 times in 24 hours.**

**Feed your baby whenever he shows feeding cues and feed him as long as he wants to feed. Make sure your baby has plenty of wet and dirty diapers and gains weight consistently.”**

Scenario 2

Instructions: Approach mother.

Say: **“I am so happy that you are breastfeeding my grandchild. It’s sometimes challenging to breastfeed at the beginning, but we are here to support you. I see that the baby is feeding normally, at least 8 times in 24 hours just like the pamphlet that the nurse gave us says.”**

Scenario 2